



Affirmations

From NutriGlamorous by Halle Eavelyn

1. I am the architect of my life; I build its foundation and choose its path.
2. Today, I am brimming with energy and overflowing with joy.
3. My body is healthy; my mind is brilliant; my soul is tranquil.
4. Today, I am turning all my thoughts positive and making better choices.
5. I have been gifted with endless talents which I will utilize today.
6. I forgive those who have harmed me in my past and peacefully detach from them.
7. A river of compassion washes away my anger and replaces it with love.
8. I am guided in my every step by a power that leads me towards my desires.
9. My relationships are becoming stronger, deeper, and more stable each day.
10. I already have the qualities I need to be as successful as I wish.
11. Creative energy surges through me and leads me to new and brilliant ideas.
12. Happiness is a choice that I base on my own accomplishments and the blessings I've been given.
13. My ability to conquer my challenges is limitless; my potential is infinite.

14. I am courageous and I can stand up for myself.
15. My thoughts are filled with positivity and I radiate prosperity.
16. Today, I abandon my old habits and take up new, more positive ones.
17. Money comes to me from sources known and unknown.
18. Many people look up to me and recognize my worth.
19. I am blessed with an incredible family and wonderful friends.
20. I acknowledge my own self-worth, my confidence is soaring.
21. Everything that is happening now is happening for my ultimate good.
22. I am growing; I am grateful for my growth.
23. My future is the projection of my dreams and my results are powerful.
24. My efforts are being supported by the Universe; everything is working to aid me.
25. I attract the best relationships for my highest and best good, and continue to call forth harmony.
26. I radiate beauty, charm, and grace.
27. I am in perfect health. Whatever my current condition appears to be, I affirm only health and wholeness for my body.
28. Obstacles are melting away; I am strong and in control.
29. I am grateful for all the money I have right now and all the abundance I am receiving.

30. I wake up today with strength in my heart and clarity in my mind.
31. Tomorrow doesn't exist yet, so I can create a better one with my powerful new thoughts.
32. I am at peace with all that has happened, is happening, and will happen.
33. I receive beautifully and create a giving loop for my receiving.
34. My nature is spiritual, and I am a spiritual being.
35. The rest of my life is just beginning.
36. I manage my money beautifully and I am grateful for my financial success.
37. I have my ideal employment and I love my work.
38. I am grateful to be well-employed and to have work I enjoy.
39. I deserve to be employed and paid well for my time, efforts, and ideas.
Each day, I am closer to finding the perfect job.
40. My work issues resolve themselves easily and I am a great team player.
41. Opportunities come to me effortlessly and I am open to more good in my business.
42. I experience my work in perfect balance with my personal life.
43. Gratefully, I allow my work to thrive and to support me.